

BME SPORTS PARTICIPATION IN SELECTED SPORTS

Results and Data identified from Active People, Ploszajski Report and Taking Part Survey.

Overview - Sports Participation Trends

Active People

- **Football, Swimming and Athletics are the greatest participant sports for BME groups.**
- **Judo, Rounders, Rugby and Hockey are the lowest participant sports for BME groups.**
- **BME male participation is highest in Football, Athletics and Cycling and is lowest in Netball and Rounders.**
- **BME female participation is highest in Swimming, Athletics and Badminton and is lowest in Rugby Union, Rugby League.**

Ploszajski Report

- **For certain sports the popularity of a particular sports amongst ethnic minorities exceeds the population as a whole:**

Athletics, Gymnastics, Running/Jogging, Basketball and Weight training are the most popular sport among Black and Caribbean women. Self Defence/Martial Arts is most popular with

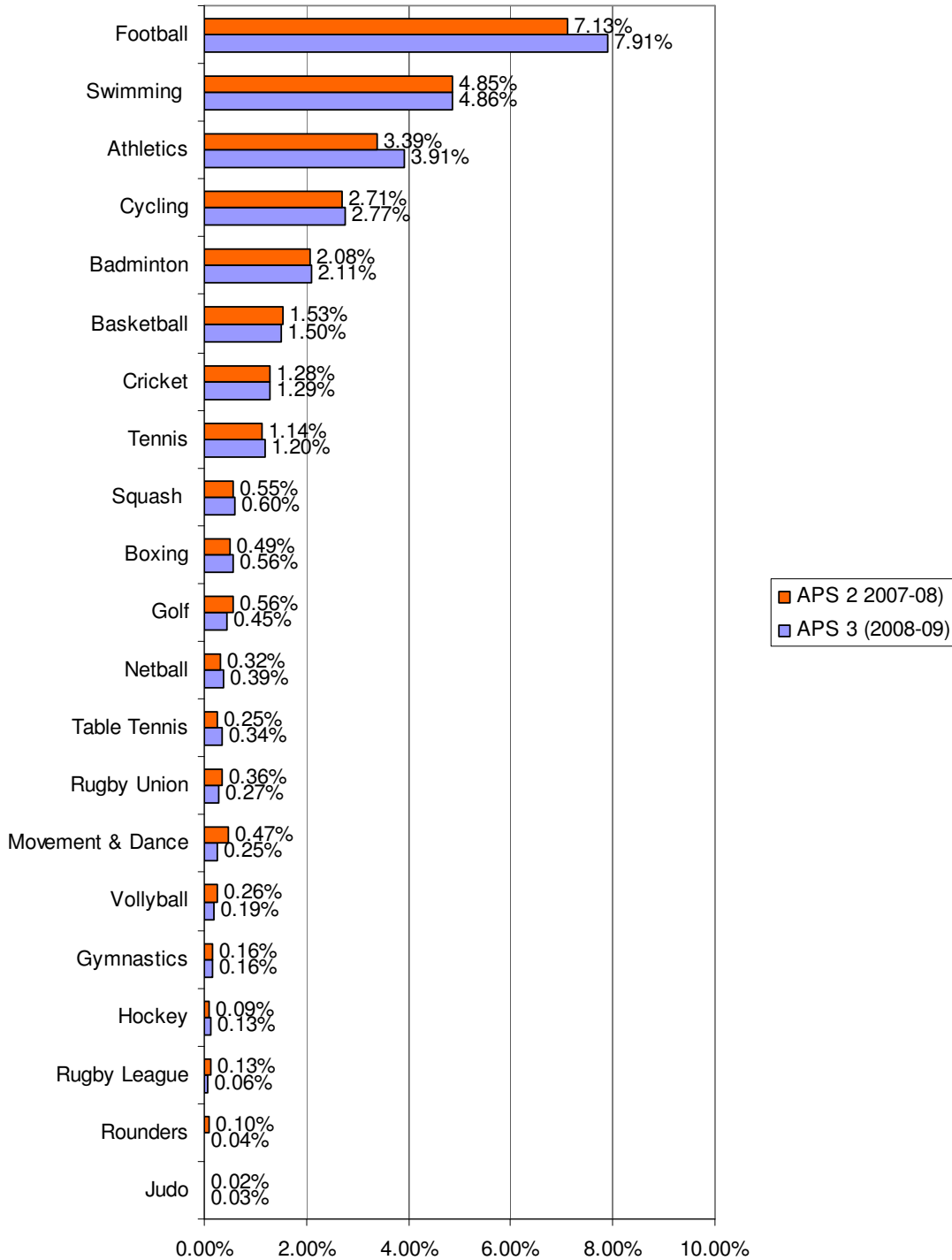
Chinese women and Cricket is the most popular sport with Bangladeshi and Pakistani women.

Weight training, Self Defence/Martial Arts and Basketball Football and Cricket are very popular amongst the Black African, Caribbean and Black other males. Badminton is most popular with Chinese males and Cricket with Pakistani, Black Other and Indian Males.

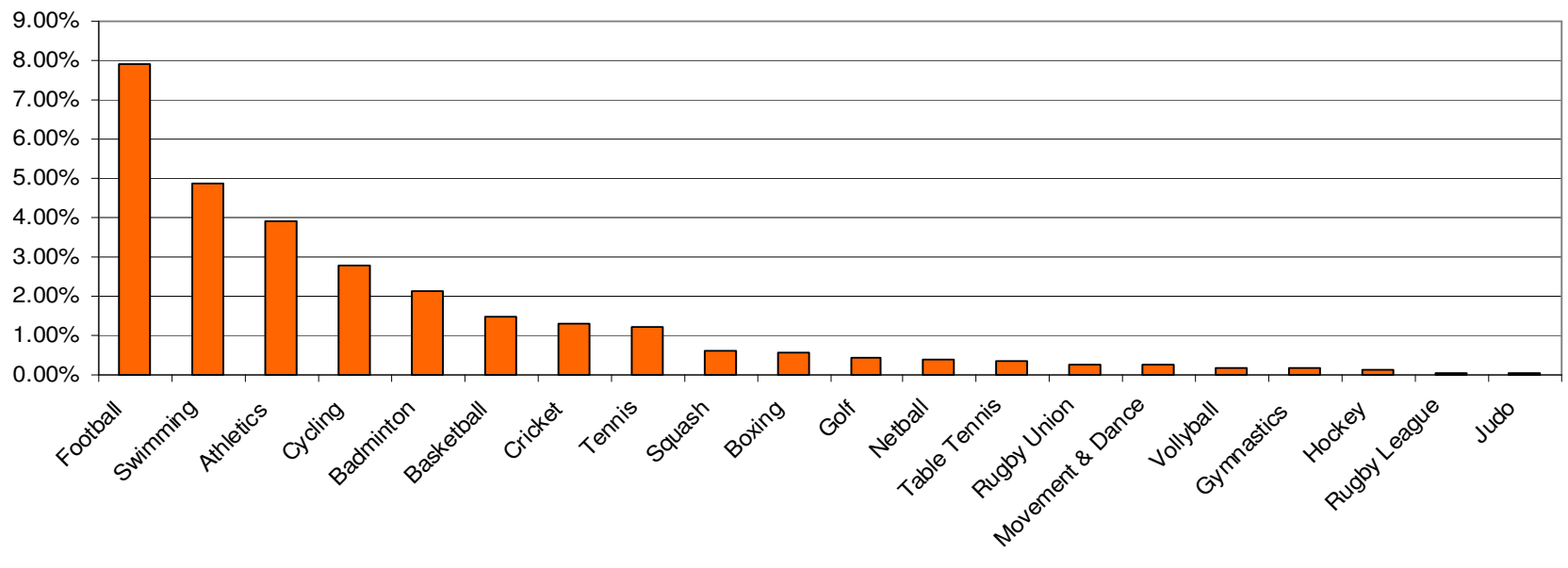
Taking Part Survey

- **Adults from White and Mixed ethnic backgrounds have significantly higher rates of participation than both those from Asian and Black ethnic backgrounds.**
- **Adults who reported their religion as Muslim had significantly lower rates of participation than all of the remaining groups,**

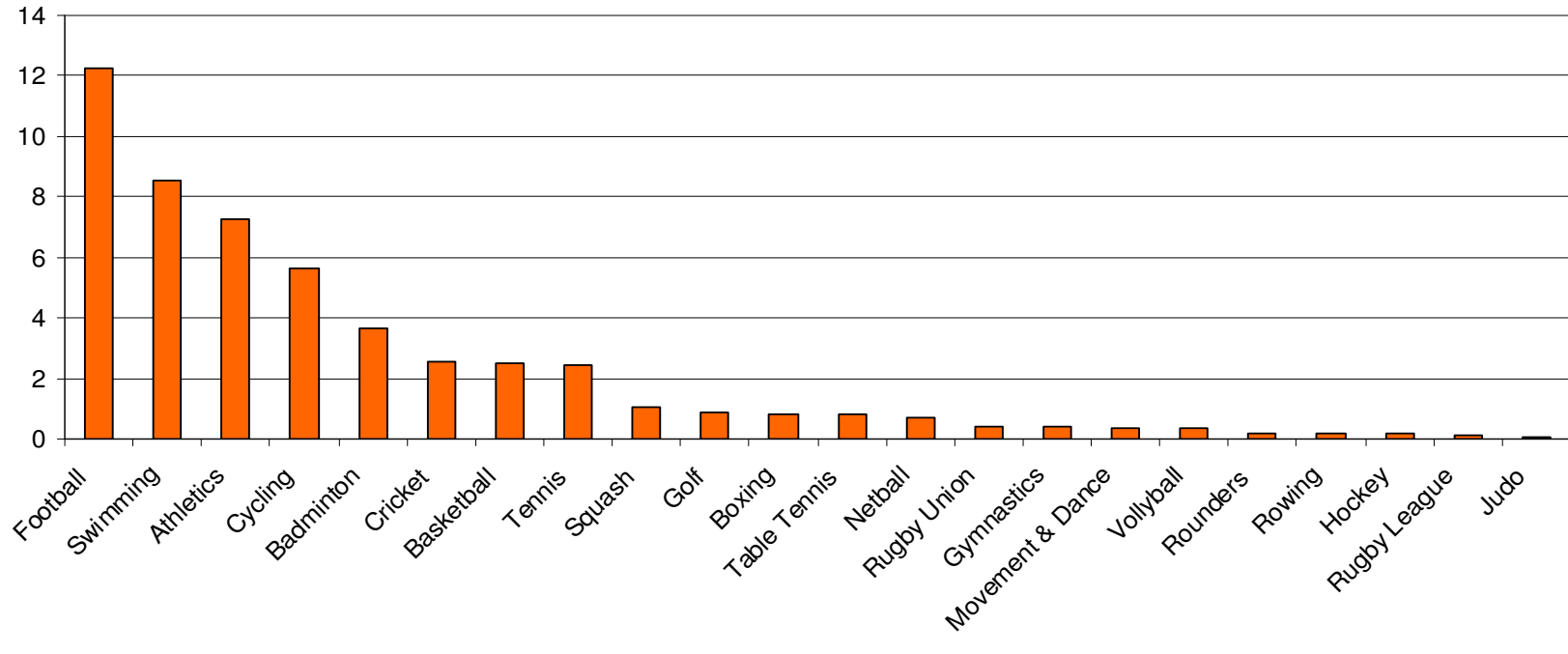
Trends in BME Participation



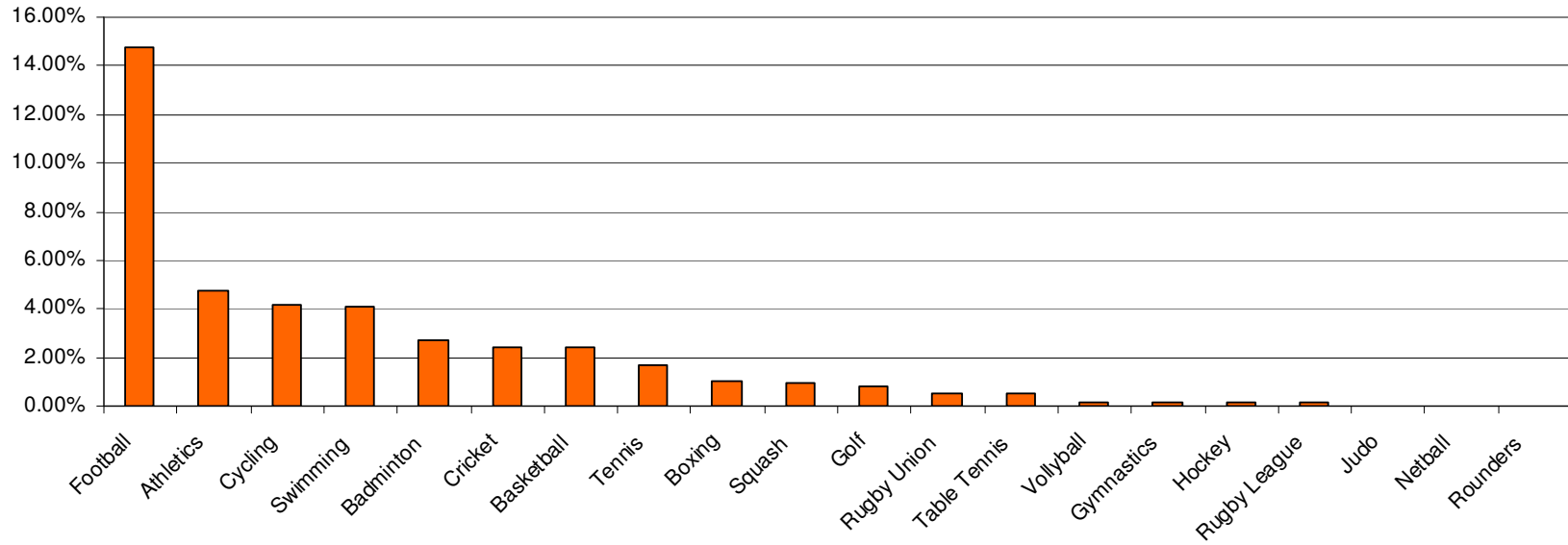
BME Participation in Sports (Once a week Moderate Intensity)



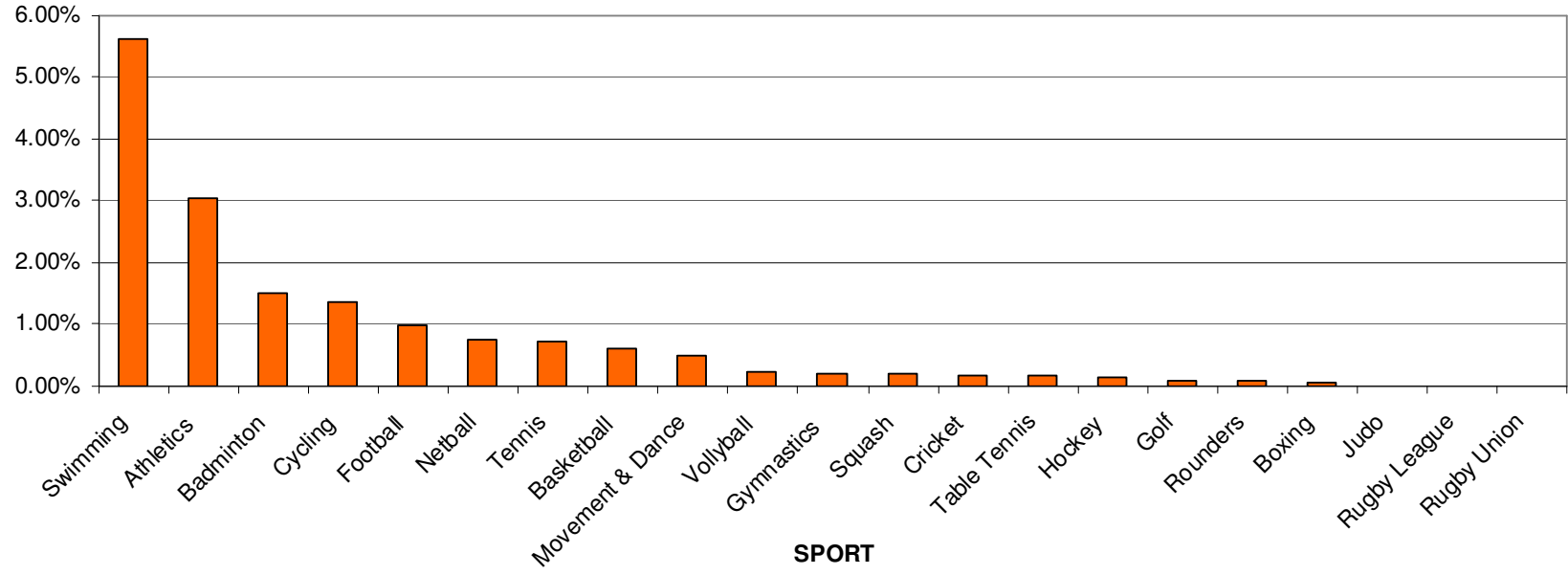
BME Participation in Sports (Participated once in the last four weeks)



BME MALE PARTICIPATION IN SELECTED SPORTS

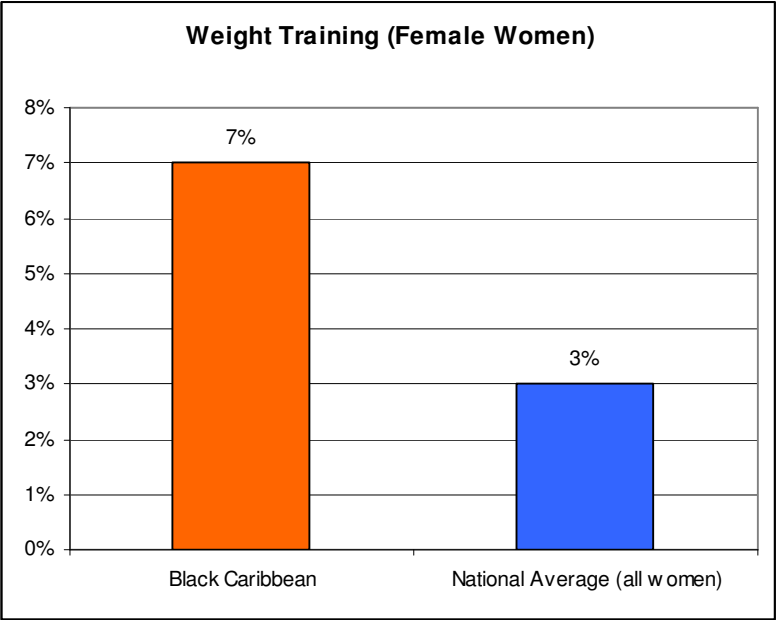
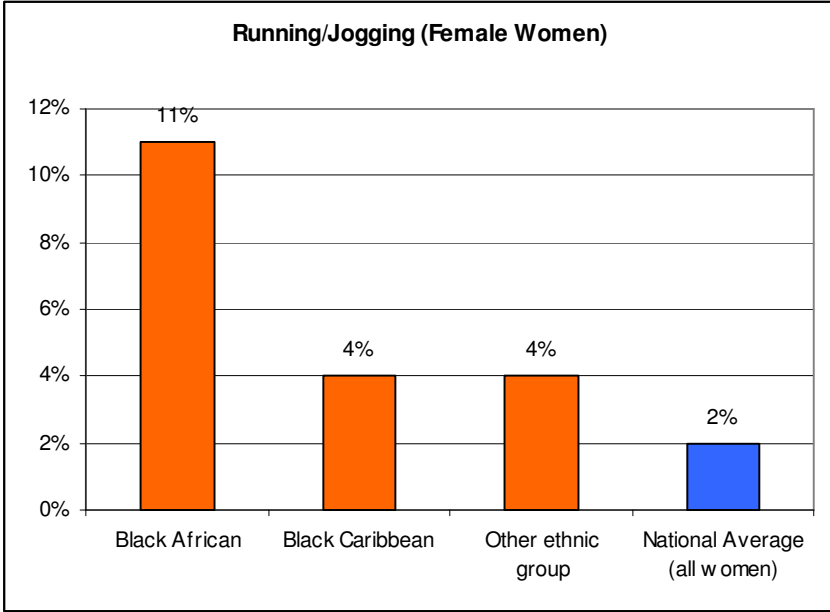


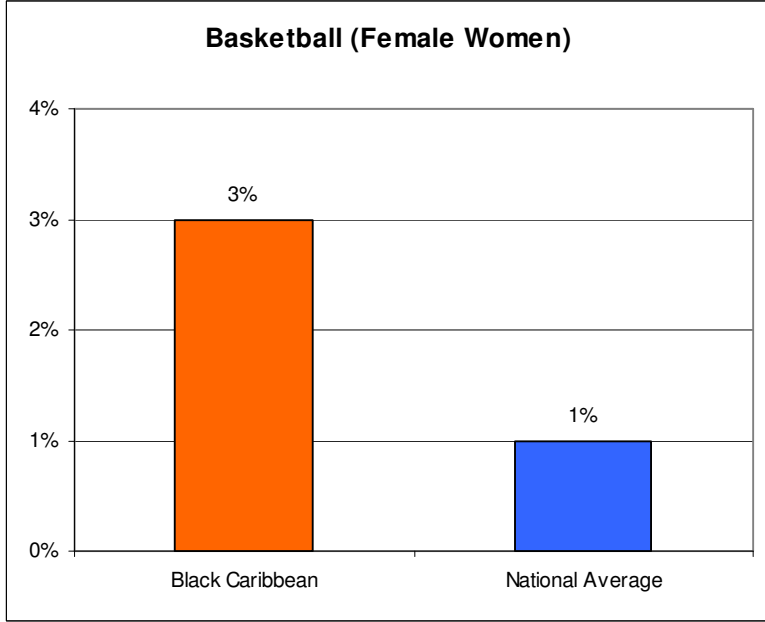
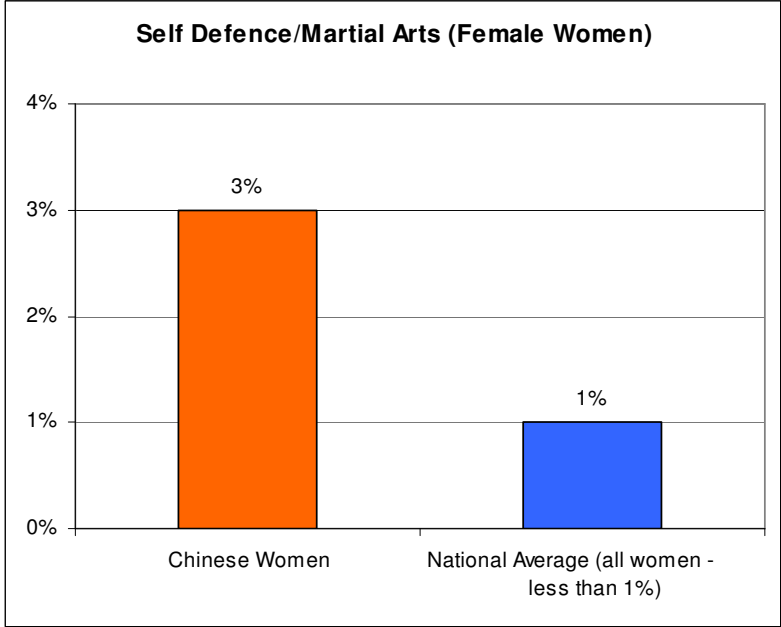
BME FEMALE PARTICIPATION IN SELECTED SPORTS

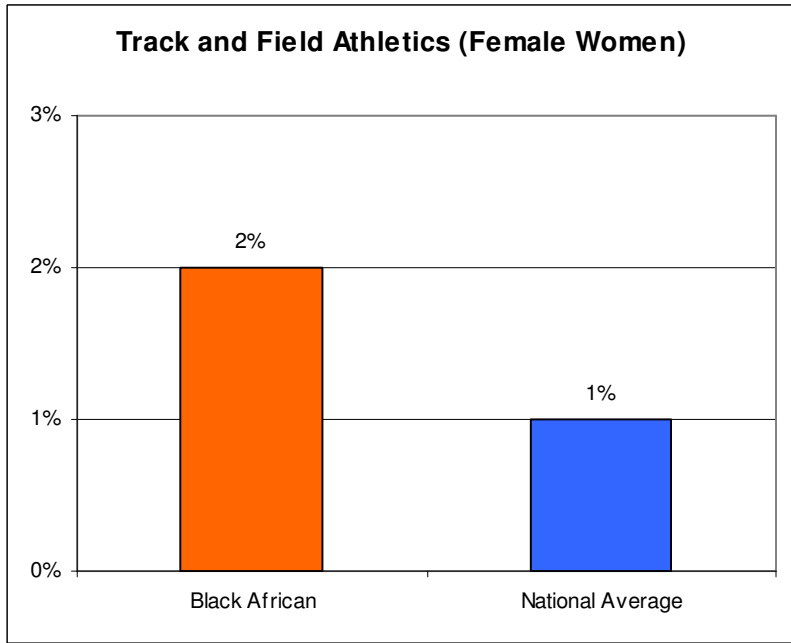
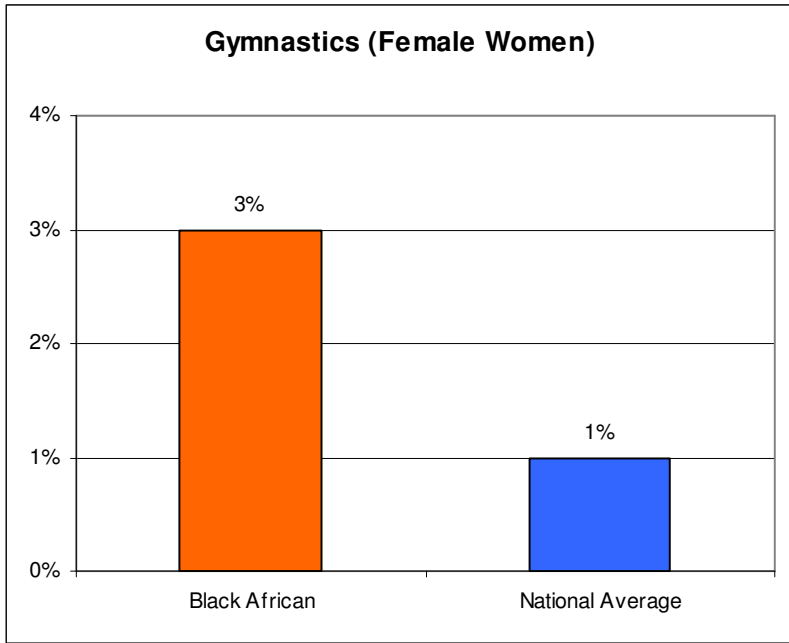


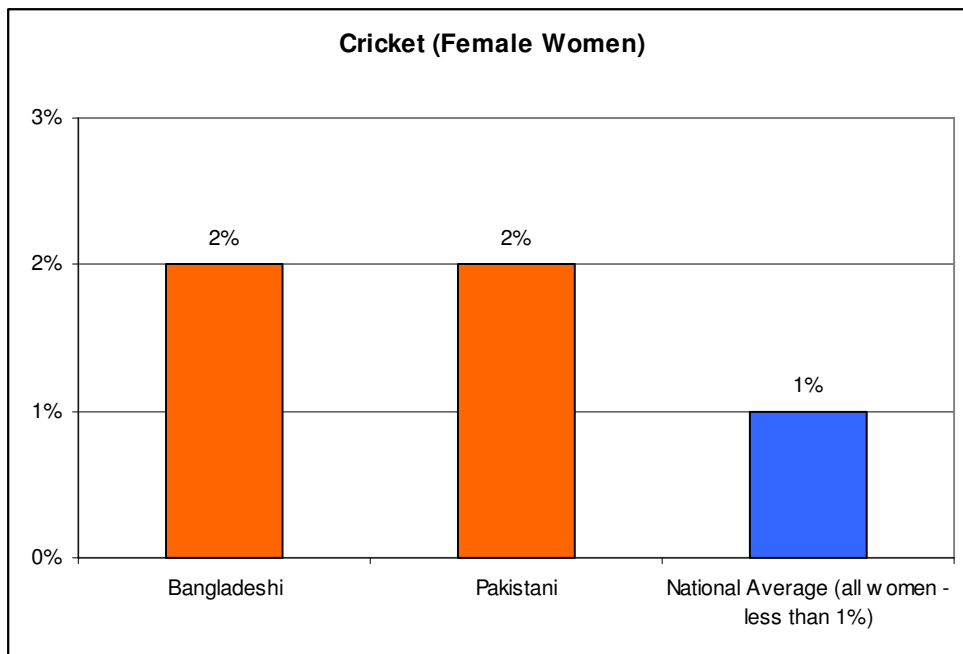
A study commissioned by the Sports Network East, prepared by Ploszajski Lynch Consulting Ltd identified some areas where the popularity of a particular sport amongst ethnic minority communities exceeds that for the population as a whole. For example, participation in football amongst males from ethnic minority groups is relatively high which agrees with the findings from Active People. This is particularly the case amongst Black males with participation rates as high as 31% amongst the 'Black Other' ethnic group, which is three times the national average (10%). Other examples are summarised in the graphs below:

Popularity of particular sports amongst BME Females

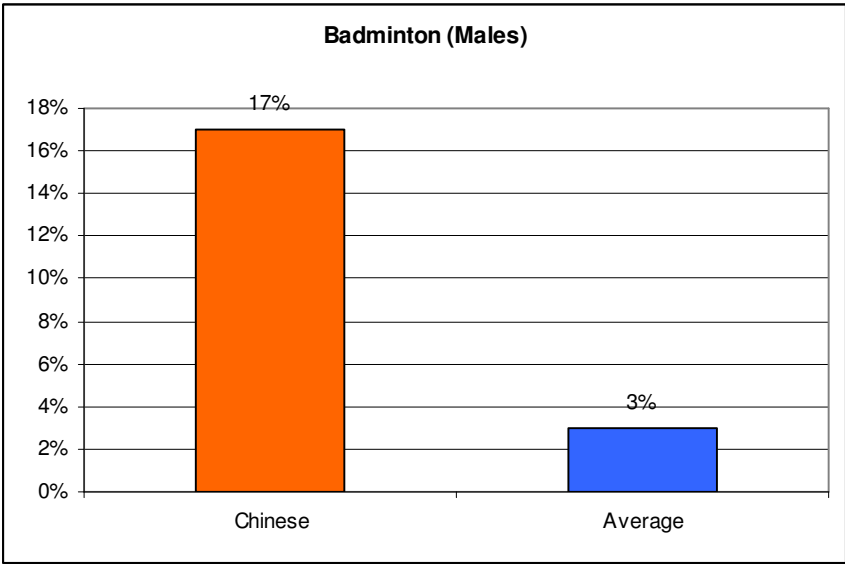
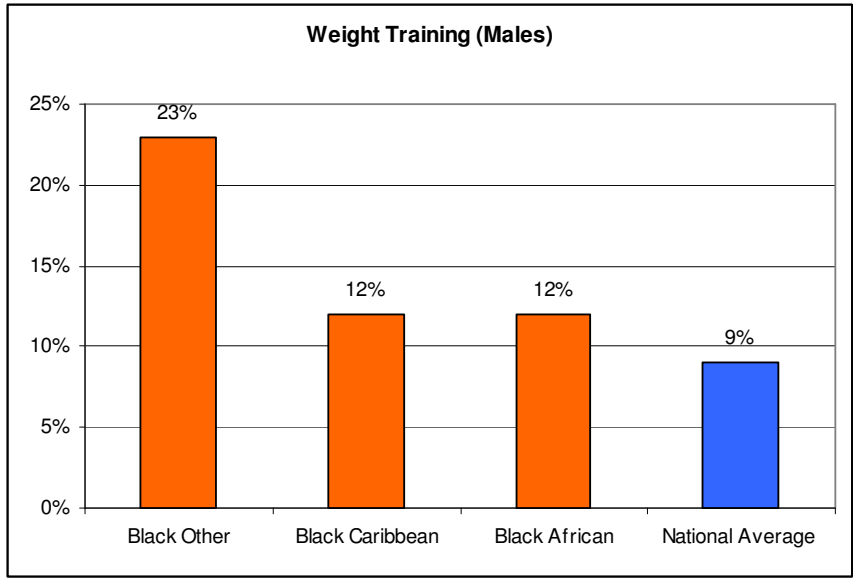


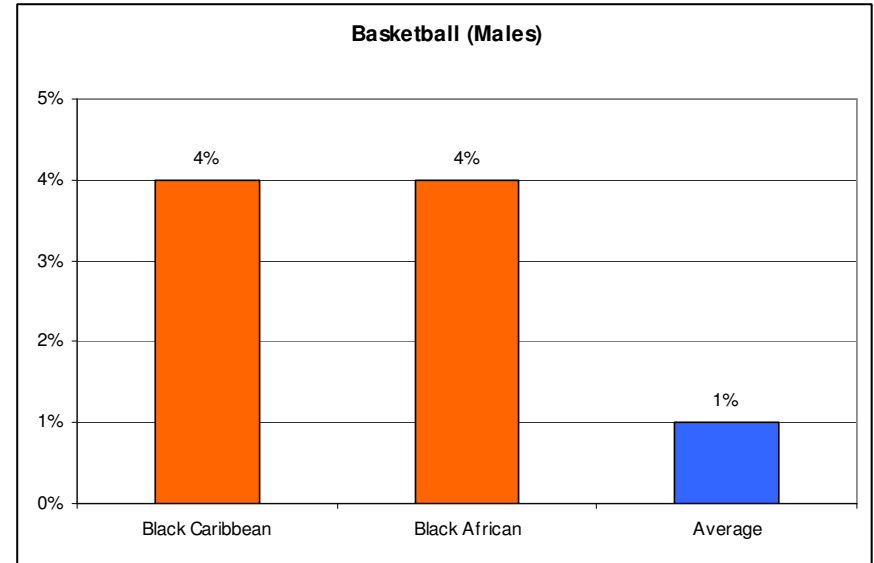
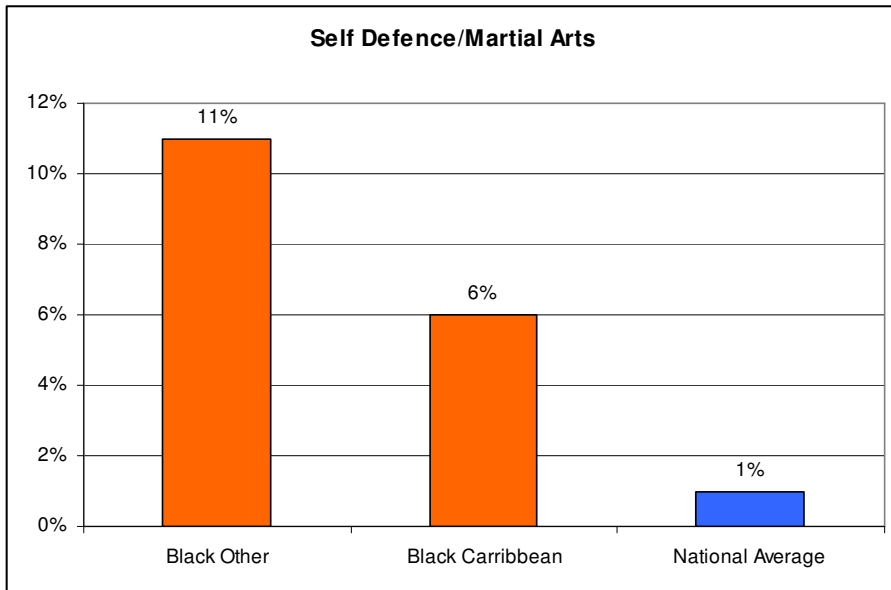


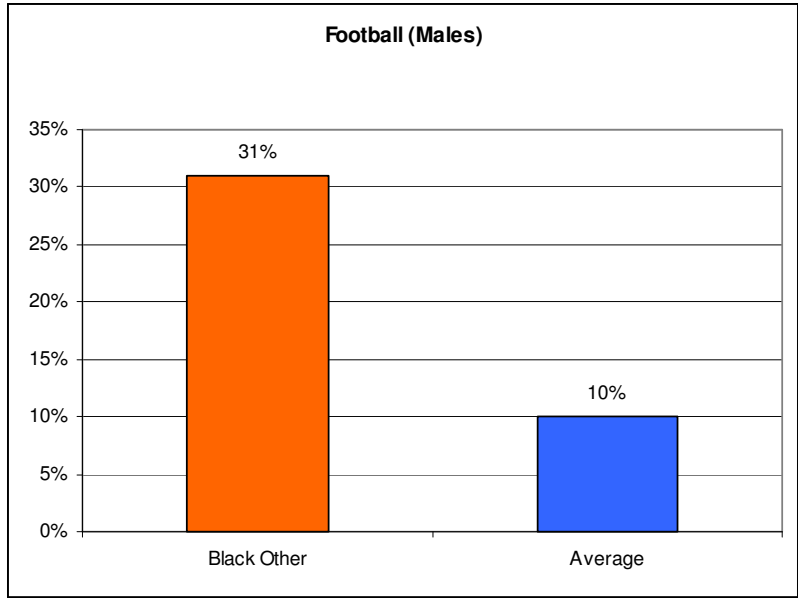
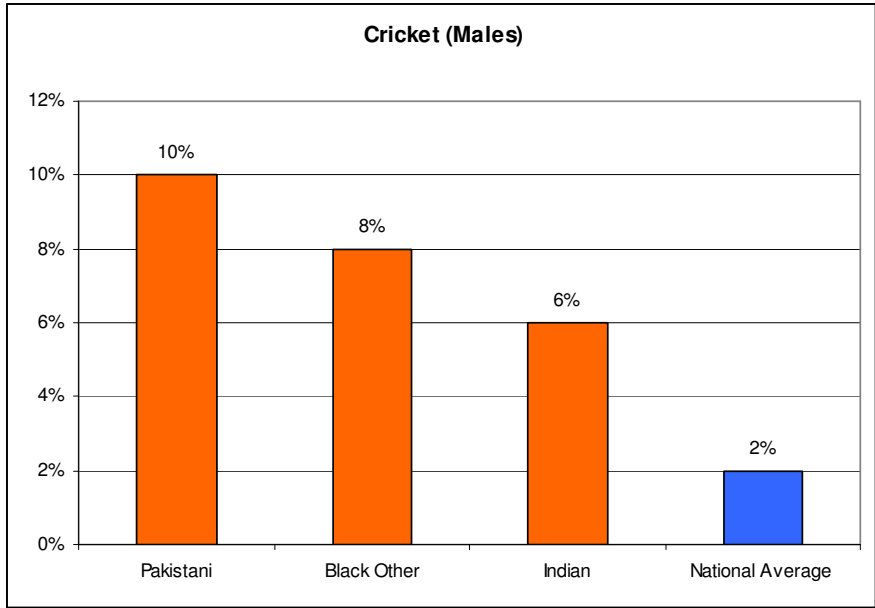




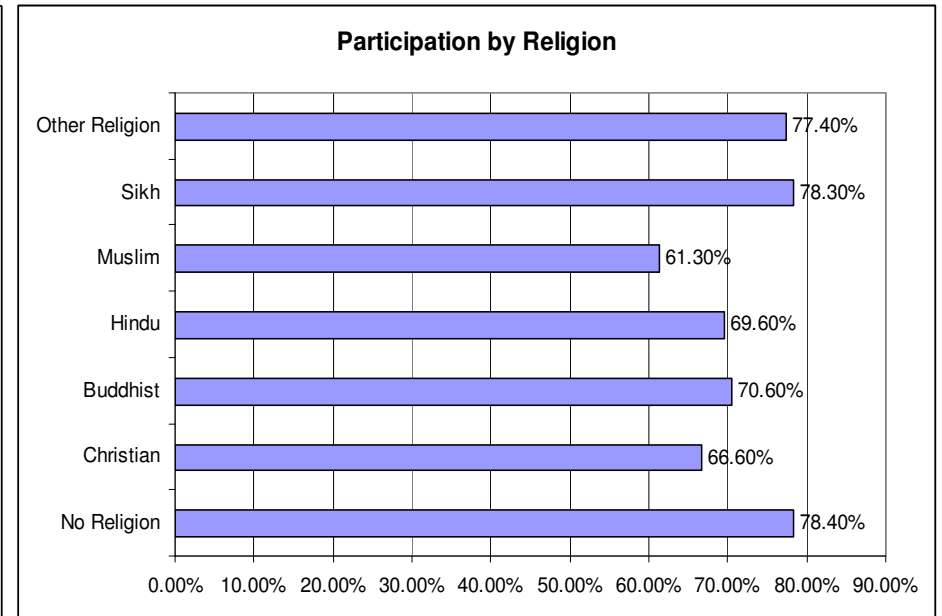
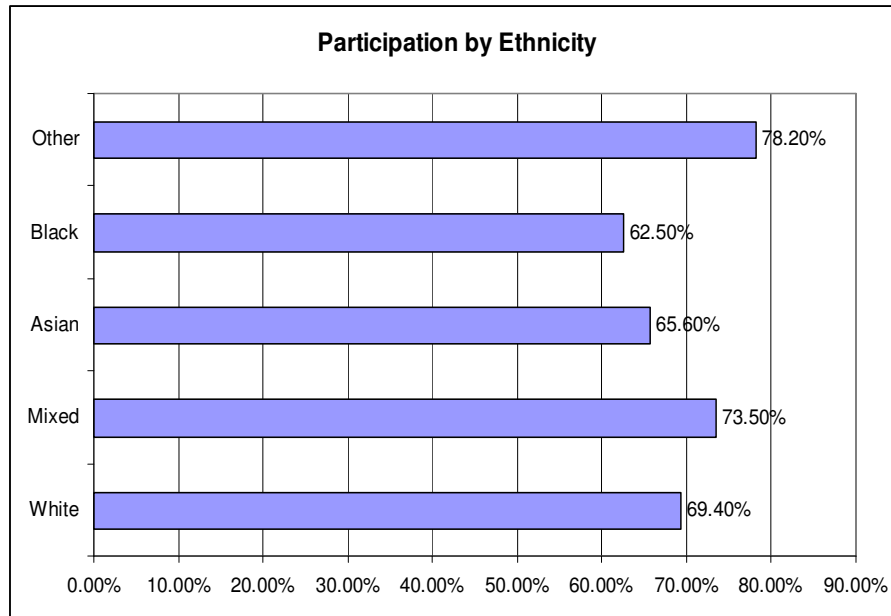
Popularity of particular sports amongst BME Men







Taking Part Survey- Participation in active sport, (participation is defined as physical engagement in at least one type of sport during the past 12 months.



Ethnicity Data suggests that Asian and Black groups have the lowest rates of participation and Other groups have the highest rates of participation. Broken down by religion lowest participation is for those from a muslim background and highest participation is from those who have no religion.

Summary

The data available on participation in physical activity shows clearly that activity levels vary considerably amongst different sports. There are clear gender divides in relation to which sports appeal to BME women and BME men. For certain sports the popularity amongst ethnic minorities exceeds the population as a whole however these are specific sports which particularly appeal to certain groups and further research is required to explore these trends further.

Activity levels are particularly low amongst Asian groups and those from a muslim background and more effort is therefore needed to attract these groups into sports.

Those sports with higher BME participation levels need to sustain and increase participation levels, whilst those with lowest participation need to introduce their sport to new groups to help develop growth. There is for popular BME sports to capture information on what appeals to BME groups to help sustain participation and so less popular sports can replicate learning particularly when things are working well.

Notes and References:

Active People Survey - All chart-data is taken from the latest Active People Survey 3 (2008-09) unless stated otherwise. All adults (aged 16 and over).

Sport England - Taking Part Survey – Active Sport - The Taking Part Survey is a continuous annual survey of adults and children living in private households in England and carries the National Statistics Badge, meaning that it meets the highest standard of statistical quality.

Data taken from Report by Ploszajski Lynch Consulting; Increasing BME Participation in sport.

Produced; December 2010
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