

Understanding Equality and Diversity

Programme & Session Outline

Introductions

- To the session
- To the trainers
- To the delegates (Activity)

Aims and Objectives

- Outline of the session including aim and
- Learning objective

What is Equality & Diversity?

- Equality – Policies and practices
- Diversity – Life experiences

Social Identity Model

- Exploring how we identify ourselves
- How others label us

Why is Equality Important?

- Understanding the case for equality
- Social, business and legal case

Timeline Activity

- Focusing on the contribution diversity has had on the UK
- Business Case to diversity

Understanding How Discrimination Occurs

- Oppression, Prejudice and stereotyping
- Personal cultural and structural influences

Experiencing & Challenging Discrimination

- Feelings & behaviour exercise
- Empathy with discrimination and harassment

Respect and Relate

- Cultural and faith Awareness
- Highlighting the do's and don'ts with race and faith communities
- Welcoming Environments

Quiz

Close