



Promoting ethnic diversity across sport & physical activity

## **Equality and Human Rights in Sport and Physical Activity**

### **Training**

#### **Programme & Session Outline**

##### **Introductions**

- To the session
- To the trainers
- To the delegates (Activity)

##### **Aims and Objectives**

- Outline of the session including aim and
- Learning objective

##### **Benefits of Equality and Human Rights in Sport**

- Health and wellbeing
- Social Benefits
- Economic impact, crime reduction, regeneration

##### **Equality and Human Rights – Legal Context**

- Highlighting Legislation
- Sport Sector Policy

##### **Barriers to participation**

- Social and Organisational barriers
- Minimising barriers

##### **Statistical Research**

- Sport and physical activity participation research
- Research into equality strands in participation

**Player Pathways**

- Playground to podium
- Talent Identification

**Monitoring**

- Baseline monitoring
- Impact of monitoring

**Effective Communications**

- Visual and translated information

**Evaluation and Equality Impact Assessments**

- EIA process
- Evaluation and forward planning

**Facility Design and Accessibility**

- Accessible and welcoming environment

**Community Engagement and consultation**

- Realistic objectives
- Encouraging engagement

**Close**