

NEWHAM HEATMAP

Demographic Profile

- The London Borough of Newham has an estimated population of 353,245 in 2018.
- The borough has a young population; 28% of the population is aged under 20. Three quarters of residents (76.6%) are aged under 44 and only 6.6% are over 65 years.
- Newham is a highly diverse borough; overall 71% of residents are from BAME communities (72.6%, 2018 estimates); 43.5% of the population are South Asian. Indians are the largest BAME group in the borough (13.8%), closely followed by Black African (12.3%) and Bangladeshi (12.1%).
- Christianity is the largest religion in the borough (40%), followed by Islam (32%). One in ten stated they had no religion.
- An estimated 55.8% of the population of Newham was born outside the UK (2016/17), increasing from 53.7% in 2011. India is the most common birthplace of residents in the Borough followed by Bangladesh and Pakistan (2011 Census).

FACT FILE (Census 2011)

POPULATION: 307,984

AGE

- 22.7% aged 0-15
- 70.7% aged 16-64
- 6.6% aged 65+

ETHNICITY

- 29% White
- 71% BAME (non-white)
- 13.8% Indian (largest BAME)
- 53.7% born outside the UK

RELIGION

- 40% Christian
- 32% Muslim
- 9.5% No religion

Sources & Notes:

BAME – Black, Asian and Minority Ethnic

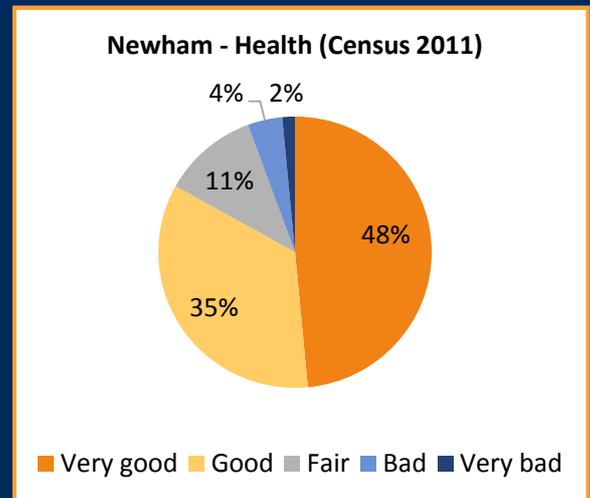
ONS, 2011 Census

ONS, 2018 Mid-year population estimates, ©Crown copyright

GLA, London Datastore: London Area Profiles: <https://data.london.gov.uk/london-area-profiles/>

Health & Wellbeing

- In the 2011 Census, 83% of the residents of Newham had very good or good health. Overall the health of adults and children is varied compared with the England average (Public Health England 2019).
- Life expectancy for men and women is similar to the England average. The average life expectancy for men in 2016-18 is 80.2 years and 83.3 for women, compared to 79.6 years and 83.2 years for England.
- Life expectancy is 6.6 years lower for men and 5.5 years lower for women in the most deprived areas of Newham than in the least deprived areas (2016/18).
- 63% of adults are classified as overweight or obese (2017/18) compared to the England average of 62%.
- The borough has a higher rate of smoking among adults compared to the England average, 18.2% and 14.4% respectively (2018).
- In 2019, 10.8% of adult were estimated to have diabetes (diagnosed and undiagnosed) compared with 8.8% in England.
- Adults in Newham aged under 75 are more likely to die from cardiovascular diseases (including heart disease and stroke) than in England; 95 deaths per 100,000 in contrast to 71.7 per 100,000 (2016/18).
- Child obesity is significantly higher than the England average. 27.7% of children aged 10-11 are obese compared with 20.2% in England (2018/19).
- Just over half (53.1%) of adults aged 19+ in Newham achieve the recommended 150 minutes or more of moderate intensity physical activity per week compared with two thirds in England (66.3%) (2017/18).
- In 2018/19, 37.1% of residents aged 16+ were inactive achieving less than 30 minutes of physical activity per week, worse than the England average of 24.8%. 50.9% of people did 150 minutes of physical activity each week compared to 63.2% in England.



Sources & Notes:

ONS, 2011 Census and Health data ©Crown copyright
 Public Health England (2019) Online Health Profiles (<https://fingertips.phe.org.uk/>)
 Public Health England (2015), Diabetes prevalence model estimates for local authorities
 Sport England, Active Lives Adult Survey, Nov 2017/18
 Sport England, Active Lives Adult Survey, May 2018/19



Socio-Economic Profile

- The London Borough of Newham is the 43rd most deprived authority (average score) out of 317 local authorities nationally (11th, average rank). Over a quarter of neighbourhoods (26.8%) in the borough are in the bottom 20% most deprived areas in England.
- A higher proportion of children in the borough aged under 16 live in low income families than nationally; 20.1% compared to 17% in England (2016). According to estimates by End Child Poverty (2018), 52% of children live in poverty in Newham (after housing costs), the 2nd highest local authority.
- Unemployment in Newham is 4.8%, higher than the Great Britain average of 3.9% (Oct 2018-Sept 2019). During January 2020, 7,865 people claimed out of work benefits in the borough - a rate of 3.2% of the working age population (3% in Great Britain).
- 14.4% of households in Newham are 'workless' where no one in the household aged 16 and over is in work. This is similar to the average in Great Britain (14.3%) although higher than the London average (12.4%) (Jan-Dec 2018).
- 8.2% of Newham working age residents have no qualifications compared to 7.8% in Great Britain and 6.6% in London (2018).

26.8% live in 20% most deprived areas in England

43.2% children living in poverty

4.8% unemployment

8.2% no qualifications

Sources & Notes:

Index of Multiple Deprivation 2019

Public Health England Online Health Profiles (<https://fingertips.phe.org.uk/>)

End Child Poverty (2018), <http://www.endchildpoverty.org.uk/poverty-in-your-area-2019/>

ONS, NOMIS Official Labour Market Statistics